

COMPARATIVE STUDY OF EMOTIONAL INTELLIGENCE LEVEL OF NATIONAL MALE AND ALL INDIA INTER-VARSITY MALE VOLLEYBALL PLAYERS

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Abstract

Now a day, sport has become associate more and more skilled space in each sense of the word; it is worthwhile reflecting on the history of the games and in particular the reason for their ultimate demise. Sports play great role in improving and maintaining the health and fitness, improving mental skills and concentration level as well as social and communication skills. The present study is based on the assessment of emotional intelligence level of National female and All India intervarsity male volleyball players. The purpose of the study is to measure the assessment of Emotional Intelligence Level of national female and All India Inter varsity male volleyball players. In this study the scholar used the random sampling method. 100 National level female and 100 All India Inter-varsity female volleyball players were selected from different states of India. Within the limitations of the present study, the conclusion was drawn as there is significant difference found in Emotional Intelligence Level of National male and All India inter-varsity male volleyball players.

Keyword: Assessment, Volleyball, Emotional Intelligence.

INTRODUCTION

Undeniably, physical attributes such as speed, strength, stamina, fitness, coordination, agility, flexibility are richly rewarded in competitive sport. Applied practitioners in exercise physiology, physiotherapy, sports nutrition, strength and conditioning, and other disciplines have translated research findings into interventions designed to enhance the physical performance capabilities of the athletes. Psychology plays an important role in every field of sports. Emotional intelligence and its potential impact on daily life at home and at work have been much discussed recently. It is to do with a set of skills that everyone possesses, to some degree; in this it is similar to general intelligence. These skills concern how we deal with any information that is relevant to emotion. In more detail, emotional intelligence is made up of how we judge emotion and express it, how we make use of whatever information we gain from emotion, and how we regulate emotion in adaptive ways. There are huge individual differences in emotional intelligence, particularly in the way in which people appraise and express emotion and how they use the information they

derive from emotion. Intelligence is a complex function that has been defined as the ability to learn the activity. Intelligence has been an important and controversial topic throughout psychology's history. Intelligence involves some different mental abilities including logic, reasoning, problem-solving, and planning. While the subject of intelligence is one of the largest and most heavily researched, it is also one of the topics that generate the greatest controversy. In the field of education the intelligence is defined as the capacity to learn which is judged by the quickness with which one can learn the activity.

REVIEW OF RELATED LITRATURE

Shabani examined whether, spiritual intelligence (SI) and emotional intelligence (EI) can be considered as predictor for mental health. The present investigation was also to test the moderating effects of age on the relationship of SI and EI with mental health among high school students. The participants in the study were 247 High school students (124 male and 123 female) in the age range of 14-17 years old, at the Gorgon City, north of Iran. Three valid and reliable instruments were

used to assess SI, EI and mental health. Descriptive statistics, multiple and moderated regression analysis were used to analyses the data.

OBJECTIVE OF THE STUDY

To compare the Emotional Intelligence level of National male and Inter-varsity male volleyball players.

Hypothesis

It was hypothesized that there will not be significant difference in the Emotional Intelligence level of National male and Inter-varsity male volleyball players.

Delimitation

1. The study was delimited to National male volleyball players and All India Inter-varsity male volleyball players of India.
2. The study was delimited to 200 volleyball male players of India only.
3. Further the study was delimited to 100 National male and 100 All India Inter varsity male volleyball players.

Research methodology:

The present study was a survey type research. In this methodology the following procedures

were adopted for the selection of subjects, selection of variables, selection of tests, description of test, scoring of questionnaire and statistical techniques were elaborated.

Samples:

The subjects for the study were 100 National male and 100 All India Inter-varsity male volleyball players from different states of India.

Tool used:

For the collection of the data required for the study the S. K. Mangal and Shubhra Mangal's Emotional Intelligence questionnaire test was used.

Statistical Procedure:-

To check the significant difference of emotional intelligence level of National male volleyball players and All India Inter-varsity male volleyball players t-test was used to compare the groups at 0.05 levels of significance.

Results and Discussion:

The finding of the various parameters is discussed as under:-

Table-1 Mean, S.D. and t-value of emotional intelligence level of National male volleyball players and All India Inter-varsity male volleyball players.

Level	N	Mean	SD	Df	Calculated t-value	Table t-Value
National	100	51.80	5.97	198.00	1.97	1.65
Inter-varsity	100	58.65	8.06			

* Significant at 0.05 level of confidence

Table: 1 reveals that the mean value of emotional intelligence level of National male volleyball players is 51.80 and S.D. 5.97 which is less than the mean value of emotional intelligence level of All India Inter-varsity male volleyball players which is 58.65 and S.D. 8.06. The t-value is 1.97 is found significant at 0.05 level of confidence which is higher than the Table Value i.e. 1.65 therefore the hypothesis is rejected.

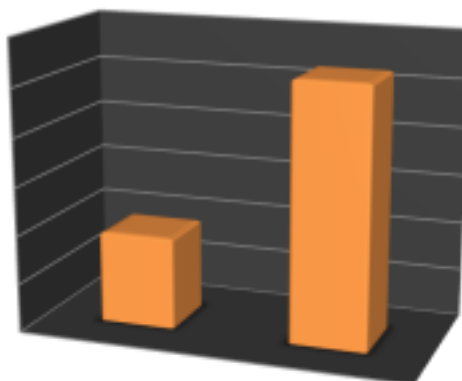


Fig: 1 Comparison of Mean score of emotional intelligence level of National male volleyball players and All India Inter-varsity male volleyball players.

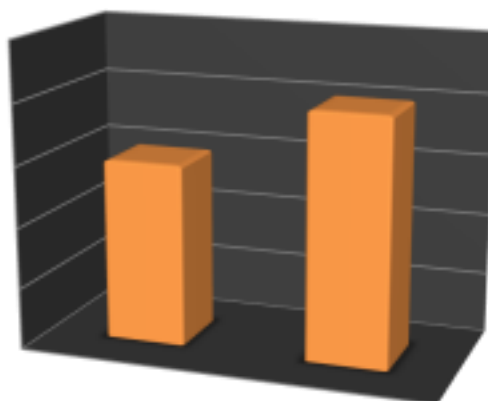


Fig: 2 Comparison of S.D. score of emotional intelligence level of National male volleyball players and All India Inter-varsity male volleyball players.

CONCLUSION:

There is significant difference in the level of emotional intelligence level of National male

volleyball players and All India Inter-varsity male volleyball players.

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